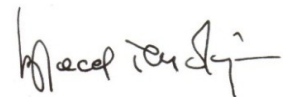


# The Guidelines of the Holy Spirit Seminary – 2019

1. **The Holy Spirit Seminary** is above all an environment to prepare men for the wonderful human vocation of being good priests after the perfect example of Jesus Christ.
2. **Jesus** became one of us to teach us how to serve one another. He himself, by his Presence, his Word and his Sacraments, teaches us to become each day the best that we can be – to be all that he wants each one of us to be. These guidelines are meant to help us to perfect our prayer, behavior, openness, collaboration, commitment and zeal.
3. **The cleanliness of your environment.**
  - a. Please keep your room clean and in order. This external order will help you put in order your life as a seminarian in the present and as a priest in the future.
  - b. Feel personally responsible for your house, toilets, common rooms, and the other places that make up the campus of the seminary. Don't wait for others to act when you see something that needs to be done to keep things beautiful and in order. Collect and dispose rubbish and put in order what is in disorder when you are able to do it.
4. **Be economical.** Economy in everyday life means achieving a certain goal with the least expense. This is also a Gospel rule that Jesus gave us. He taught us about the power of poverty. So, be an economical person. Save and do not waste our resources as: food (take only as much as you are able to eat), electric energy (turn off unnecessary lights), water (turn off the tap if it is not needed and report leaking pipes to the staff).
5. **Punctuality.** Time is a great gift from God. Try to use it in a good and organized way. We are invited to pass our time of formation in a framework of scheduled events. It is a sign of mutual respect to be on time. If somebody is lacking in punctuality or is not present at prayers, the Eucharist, and other meetings, he is asked to present his explanation and excuse to the Rector or if he is not contactable, another member of the staff. We are obliged to respond appropriately when a seminarian is consistently late or absent from community functions.
6. **Preparation.** It is wise to think about what you will be doing before doing it. Usually, we need to prepare ourselves for everything we do, especially for the Liturgy. Please take some time each day to prepare yourself for upcoming activities. If you know you will be absent for some important reason, ask someone else to take up your responsibility ahead of time.
7. **Silence** is an important factor for everybody in formation and a sign of mutual respect. Silence is to be maintained after 8:00 pm (after 10:00 pm on Fri and Sat) and during times of prayer and study. 11:00 pm (Fri and Sat 11:30 pm) is the time to turn off lights. Students are obliged to adhere respectfully to these times. After 8 pm (except Fri-Sat) is a time for silence, individual prayer in the chapel and study in one's room or in the library and not someone else's room or walking around the buildings. Students are expected to be in their room in solitude. Special permission will be granted if students ask permission for others in their room during these times. Please do not disturb the vocation of other seminarians with your noise.
8. **Dress code.** To dress properly is a sign of respect for God, holy places, and other persons. Strive to care about your personal hygiene and to dress cleanly and neatly at all times. For liturgical activities you are to wear your cassock.
9. **Visitors** are enriching to our seminary community as long as they do not take us away from our primary commitment or our work and responsibilities. The time for the visitors is on the weekend and not during the week. Only with the permission of the Rector, or if he is not contactable, another member of the staff, we can invite visitors at the evening meal. Visiting priests, of course, are an exception. No meal is to be given to visitors outside of the community meal time. We can entertain them, but generally we cannot provide overnight accommodation. Visitors cannot be invited to the private rooms of seminarians. A seminarian must

ask for prior permission from the Rector or other members of staff, for any exception to these rules regarding visitors.

10. **Recreation** is meant to renew energy in ourselves and help us to relax individually and together as a community. Recreating together is necessary for personal health and for healthy community living. Let us observe the time of recreation, especially on evening on Fridays before the town day and participate in it actively and with personal involvement. Let us be involved in the sport events and organized visits as well.
11. **Physical work.** Apart from other kinds of work, physical work is an important aspect of our human growth and development. By it we can contribute to the common good and the beauty of our environment. Physical work can also refresh us after intellectual efforts. All students are expected to be present and punctual at work.
12. **Use of the television.** Seminarians can watch the 6:00 pm TV news in the social room during the week. Apart from that, seminarians are permitted to watch TV on Fridays and Saturdays, on the evenings until 11:00 pm and Sundays in the afternoon.
13. **Use of mobile phones.** Phones must be turned off during meetings and at the Eucharist, prayers, lectures, and conferences.
14. **Use of private personal computers and mobile phones.** Apart from school work, computers can be used also for entertainment such as watching films or searching on the internet. But be careful to use this new media in a wise way. Never use the internet or computer or phone in a sinful way by watching inappropriate content or sending messages that hurts your personality. In the future as a priest, you should teach others how to wisely use the modern media.
15. **Going off campus.** To live together and share our lives as brothers we need to let each other know what we are doing. This is a normal part of family life. If you intend to go off the territory of Bomana colleges and the CTI campus, you are to ask permission of the Rector, and if he is not available, the other members of staff. Nobody is allowed to leave the seminary campus boundaries after 8:00 pm without permission. Going to the ancillary staff houses is strictly forbidden.
16. **Town day** will be observed on the last Saturday of each month. You are free to make use of this time as you want (from 8:00 am to 4:30 pm), but remember to use this time in a responsible and wise way, and be careful not to compromise your reputation and that of the seminary and the Catholic Church.
17. **Pocket money** will be given a day before town day. You are free to use it wisely according to your personal needs.
18. **Alcohol and drugs.** Alcohol and the use of drugs are not allowed in the houses and in your individual rooms. Drinking alcohol and the use of drugs on the seminary campus is strictly forbidden. It is also forbidden to go out and drink alcohol off campus. Violating this rule will result in expulsion from the seminary.
19. **Smoking and chewing buai.** It is extremely unhealthy to smoke and chew buai. Seminarians who do smoke or chew buai are asked to try to stop these bad habits. Smoking and chewing buai are not allowed in the seminary buildings and the public areas of the seminary. Please take care not to litter the environment.
20. **Violence.** There is a zero tolerance approach to violent behavior in the seminary, among seminarians or between seminarians and those outside the seminary. Violence encompasses any kind of threat to be violent.
21. **Respect towards staff.** Students are reminded that they have a duty to respect the formators and ancillary staff. The public disrespect of staff will be taken very seriously. If you have an issue with a formator, you are to approach him one on one, as Jesus instructed us to do so in the Gospels.



Bomana, 09 February 2019